

## City Recognizes Sara Picard

At the December 2 Council meeting, Mayor Mayne recognized Sara Picard for her selfless bravery. On behalf of the City of Parksville, Sarah was presented with a token of the City's gratitude for her selfless bravery. The City of Parksville is proud to recognize this exceptional young woman.

Here are the Mayor's remarks from the December 2 Council meeting:

We are all potential heroes. Courageous individuals rarely call themselves heroes, but that's exactly what they are. They are people who have risked their lives and chose to defy their own instinct of survival to try to save a loved one or a perfect stranger whose life was in immediate danger. They show acts of courage or outstanding performance under unusually difficult and dangerous circumstances.

On November 14, Sara Picard courageously intervened in a struggle between a man and a woman. From Sara's account of her experience, we wish to recognize the notable qualities that characterize this exceptional young woman:



- **She is brave** – without hesitation, Sara ran to assist the woman in distress.
- **She is humble**- being called a hero is strange as Sara believes she was doing what any citizen should do, but appreciates all the positive feedback.
- **She is selfless** - even though it has caused her emotional distress, Sara wouldn't hesitate to do the same thing again.
- **She is compassionate** – she stayed to comfort woman until police came.
- **She shows empathy**- she sends all her love, happiness and healing to the victim's family.

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### For more information:

Mayor Ed Mayne

Deb Tardiff, Manager of Communications

250 954-4661; [mayor@parksville.ca](mailto:mayor@parksville.ca)

250 954-3073; [dtardiff@parksville.ca](mailto:dtardiff@parksville.ca)