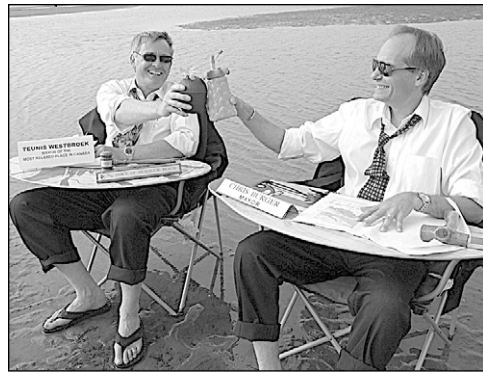




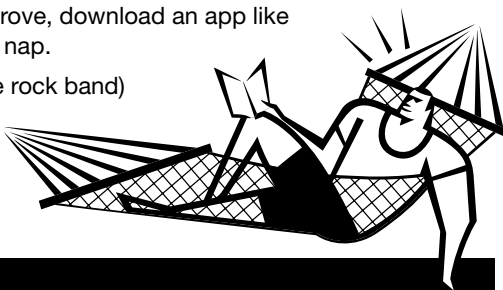
National Relaxation Day – Time to Chill



Although not widely celebrated, National Relaxation Day is being recognized tomorrow on the shores of Parksville Beach as a way to promote the Parksville-Qualicum Beach region. Oceanside Tourism Association is promoting our area as Canada's relaxation destination; as the place to de-stress. In the promotion, good sports, Qualicum Beach Mayor Westbroek and Parksville Mayor Burger, suggest these top five ways to chill:

- **Just sit... and that's it.** Point yourself towards a multi-coloured sunset over the mountains or ocean, breathe deeply, watch and relax. Simple.
- **The ocean's your bubble bath.** Who needs suds indoors? Splash around in the big bathtub of Parksville-Qualicum with some of the warmest water this side of Mexico.
- **Beach Yoga with a twist.** Follow these simple steps: lift a drink of choice to mouth; stretch out toes in sand; lift arms to sun; turn head to ask server for a refill. Repeat. Parksville and Qualicum Beach never felt so good.
- **Too Wired?** There's an app for that. Under the giant cedars of Cathedral Grove, download an app like Pzizz Energizer and wake up feeling energized after a quick, blissful power nap.
- **Bust a Move.** In the shadow of Mount Arrowsmith (no, not named after the rock band) grab your iPod, put on your favourite beach t-shirt (the one your spouse thought he or she threw out) and let loose!

So, on August 15, kick back and relax, it could be habit forming. For info on National Relaxation Day visit visitparksvillequalicumbeach.com.



City Services



Say Hi! to Our Summer Students

Summer in Parksville means all hands on deck for the City's parks department. Summer students are doing a stellar job keeping the Community Park polished for our many summer events and festivals. With such popular events as Beach Festival, Oceanside Overdrive Car Show and Kid Fest, as well as beach volleyball with about 400 participants, the park is the place to be over the summer. Seasonal and full-time crews are busy planting, watering, fertilizing, mowing, weeding, cleaning washrooms, picking up litter and all those other tasks it takes to keep our City looking its best. Meet *Ethan Halvorson, David Ross, Annie Syrotuck, James Karras and Derek Mintz*.

Coffee's on Again in September

Coffee with Council resumes on September 6. Residents are encouraged to stop by City Hall between 2 and 4 pm for an informal chat with members of Council. These sessions provide residents with an informal forum in which to ask questions, discuss concerns and offer comments and suggestions. The coffee pot is always on. Please check the website to confirm dates.



City Notices

Family Water Rates Available

Large families with five or more immediate family members made up of parents and dependent children under 18 years of age may qualify for modified water rates. Information and application forms are available from City Hall or on the website [\[Departments/Finance/Utility Billing\]](http://Departments/Finance/Utility Billing).



Level 3 Water Conservation

Reminder to residents that Water Conservation Level 3 is in effect in the City of Parksville. Level 3 allows a total of two hours watering per watering day. Watering times are 6 am to 10 am and 6 pm to 10 pm on an every other day basis. Detailed information is on City's website [\[Quicklinks/Water Conservation\]](http://Quicklinks/Water Conservation).

Permissive Tax Exemptions

Under the provisions of the Community Charter, Council may exempt land and/or improvements from municipal property taxes for the next calendar year, subject to meeting certain requirements which in general, restrict exemption to non-profit organizations using the lands for specific non-profit purposes. Deadline for consideration for the 2013 taxation year is noon, August 31. Details, application form and policy may be obtained from City Hall or from the website [\[Public Notices\]](http://Public Notices).

Grant-in-Aid Applications

Subject to the provisions of the City's Grant-in-Aid policy, the City may provide financial assistance to community groups and organizations for events that benefit citizens and visitors. Community non-profit organizations in the arts, cultural, recreational or social services field are eligible. Deadline is 4 pm, August 31. Information on this program, the policy, application and instructions may be obtained at City Hall or from the website [\[Mayor and Council/Grant-in-Aid Applications\]](http://Mayor and Council/Grant-in-Aid Applications).

City Roadwork

- Resurfacing of road sections in the area of Doehle Avenue (500 block), Willow Street (400 block) and Heather Place is now underway. Final preparation and road grading is scheduled to start August 16 with paving completed by August 21.
- The project design phase for improvements to Temple Street is now underway. Drilling to assess the subgrade for road rebuilding and storm water retention along with traffic counting may cause minimal traffic disruption over the next four weeks. Information about both these projects is on the website [\[Public Notices\]](http://Public Notices).

Did you know...

- The City provides an annual \$500 bursary to a student from Ballenas High School and to a student from Vancouver Island University. The scholarships are administered by the schools and have been supported by the City for many years.
- **There's just one more week to experience our fabulous Parksville Beach Festival.**
- The Parksville Downtown Business Association free bus runs until September 1 – 9 am to 6 pm except on Tuesdays when it operates from noon to 9 pm for the remaining Summer by the Sea Street markets.

City Dates

August 20	Council and Committee of the Whole
September 3	Statutory Holiday – offices closed
September 5	Council and Committee of the Whole
September 6	Coffee with Council
September 13	Coffee with Council
September 17	Council and Committee of the Whole

The public is encouraged to attend Council and Committee of the Whole meetings held on the first and third Mondays of the month at 6 pm. The public is welcome to observe the meetings of any advisory committee. Please refer to the City's website for agendas and to confirm times and dates.

How to Reach Council

- MAYOR**
Chris Burger 250 954-4661
- COUNCILORS**
Al Greir 250 248-1285
Marc Lefebvre 250 248-2292
Peter Morrison 250 240-4050
Bill Neufeld 250 954-2063
Sue Powell 250 951-1082
Carrie Powell-Davidson 250 954-3758

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Facebook: facebook.com/cityparksville
Twitter: twitter.com/city_parksville
Pinterest: pinterest.com/cityparksville

It's Your City is published in the PQB News on the second Tuesday of the month with a copy on the City's website. We are committed to improving communications with our residents and you can help by providing your comments and suggestions to 250 954-3073 or communications@parksville.ca.

PLAN PARKSVILLE Official Community Plan Review

Work on the City's OCP review continues. Results of the Ipsos Reid resident phone survey will be presented to Council at an upcoming meeting. Our thanks to the residents who participated in the survey; we appreciate your input. Urban Systems, the City's OCP consultant, took the OCP to the Summer by the Sea Street Market on July 31 where residents spent sand dollars on OCP priorities. Results from the sand dollar exercise are on the website [\[Quicklinks/OCP\]](http://Quicklinks/OCP).