

July 20 Proclaimed as “PGOSA Day” in Parksville

Parksville, BC — Mayor Marc Lefebvre has proclaimed Thursday, July 20, 2018, as “PGOSA Day” in the City of Parksville.

Parksville Golden Oldies Sports Association is the proud organizer of activities for nearly 1,500 seniors and retirees in the Parksville-Qualicum Beach area who wish to maintain an active, healthy and social lifestyle. Formed in 1993, PGOSA is an integral part of this community’s healthy lifestyle enjoyed by older residents. 2018 marks the 25th anniversary of PGOSA's success at providing opportunities for seniors to stay healthy and engaged.

PGOSA volunteers organize a variety of sports and social activities. The list of more than twenty activities sponsored by PGOSA is available at www.pgosa.org and includes such activities as baseball, curling, cycling, volleyball, hockey, pickleball, soccer, paddling, walking and hiking groups and social events.

Membership is open to those 55 years of age and older with an associate membership available for younger spouses. The annual fee of \$10 also includes group insurance. During summer months, a membership table is set up at the Community Park picnic shelter on Friday mornings from 9 to 11 am.

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For more information:

Mayor Marc Lefebvre	250 954-4661
Deb Tardiff, Manager of Communications	250 954-3073