

NEWS RELEASE

www.parksville.ca May 4, 2018

City of Parksville Proclamations

Mayor Marc Lefebvre has the proclaimed the following for the City of Parksville in May:

May 7 to 13 - Mental Health Week

The week of May 7 to 13, 2018, is "Mental Health Week" in the City of Parksville.

Founded 100 years ago, in 1918, the Canadian Mental Health Association (CMHA) provides advocacy and resources that help to prevent mental health problems and illnesses. They support recovery and resilience and provide services like housing, education and wellness programs, employment support, homeless outreach and overdose prevention sites. The CMHA mid-island branch delivers services to people living from Ladysmith to the Comox Valley.

In celebration of Canadian Mental Health Association's 100th anniversary and the 67th CMHA Mental Health Week (May 7-13), CMHA Mid-island is partnering with local agencies to deliver HeadTalks, Lunch and Learns, Training, and Workshop previews.

More information about CMHA and the events for Mental Health Week 2018 can be found at www.mid-island.cmha.bc.ca.

May 2018 - Multiple Sclerosis Awareness Month

The month of May is "Multiple Sclerosis (MS) Awareness Month" in the City of Parksville.

Multiple sclerosis is a chronic, often disabling neurological disease affecting an estimated 1 in 340 Canadians and more than 12,000 British Columbians. MS symptoms vary widely and may lead to problems with numbness, coordination, vision and speech as well as extreme fatigue and even paralysis. There is no known cause, prevention or cure for MS.

The MS Society of Canada is the only national organization in Canada that supports both research and services for people with MS and their families. Since 1948, the MS Society of Canada has contributed \$140 million towards research. All funds are raised through annual events such as the MS Walk, MS Bike and Burgers to Beat MS.

More information about the MS Society of Canada can be found on their website at www.mssociety.ca.

May 2018 - National Missing Children's Month and May 25 - National Missing Children's Day

The month of May is also "National Missing Children's Month" and May 25, 2018, is "National Missing Children's Day" in the City of Parksville.

RCMP reports indicate that 7,459 cases of missing children were reported in British Columbia in 2017. Child Find BC aims to educate children and adults about abduction prevention, promote awareness of the problem of missing children and assist in the location of missing children. Child Find BC provides education, including public speakers, literature and tips for families to assist them in keeping all of our children safe. Child Find BC also provides "All About Me" ID kits with child fingerprinting and photos at no cost to families and hosts ID clinics throughout BC.

More information about Child Find BC and National Missing Children's Day/Month can be found on the Child Find BC website: www.childfindbc.com.

May 2018 - Melanoma Awareness Month

The month of May is also "Melanoma Awareness Month" in the City of Parksville.

Skin cancer is the most common type of cancer and also one of the most preventable. Over 80,000 cases of skin cancer are diagnosed in Canada each year, more than 7,200 of which are melanomas, the mostly deadly form of skin cancer. In its late stages, the average life expectancy for melanoma is just six months, with a one-year survival rate of only 25 per cent, making metastatic melanoma one of the most aggressive forms of cancer and one of the deadliest forms of skin cancer. It is estimated that 1,200 Canadians lost their lives to melanoma in 2017, according to the Canadian Cancer Society's Advisory Committee on Cancer Statistics.

Save Your Skin Foundation is a patient-lead national not-for profit foundation dedicated to the areas of melanoma and non-melanoma skin cancer. They focus on education and awareness, providing emotional and financial support to those touched by skin cancer, and fighting for equal, timely access to treatment for all Canadians.

More information about the Save Your Skin Foundation and Melanoma Awareness Month can be found at www.saveyourskin.ca.

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