

July 28 Proclaimed as “PGOSA Day” in Parksville

Parksville, BC — Mayor Marc Lefebvre has proclaimed Thursday, July 28 as “PGOSA Day” in the City of Parksville.

Parksville Golden Oldies Sports Association is the proud organizer of activities for nearly 1,300 seniors and retirees in the Parksville-Qualicum Beach area who wish to maintain an active, healthy and social lifestyle. As a club, PGOSA is now 23 years old and is an integral part of this community’s healthy lifestyle enjoyed by older residents.

PGOSA volunteers organize a variety of sports and social activities. The list of more than sixty activities sponsored by PGOSA is available at www.pgosa.org and includes such activities as baseball, curling, cycling, volleyball, hockey, pickleball, RV trips, walking and hiking groups and social events.

Membership is open to those 55 years of age and older with an associate membership available for younger spouses. The annual fee of \$10 also includes group insurance. During summer months, a membership table is set up at the Community Park picnic shelter on Friday mornings from 9 to 11 am.

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For more information:

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