

## City of Parksville Proclamations

Mayor Marc Lefebvre recently proclaimed the following for City of Parksville.

### **BC Aware 2016: Be Secure, Be Aware Days – January 25-February 5**

ISACA Vancouver is spearheading a campaign to promote privacy and security awareness in the Province of British Columbia ('BC AWARE') from January 25 through February 5. The campaign conclusion coincides with the Government of BC's 17th Annual Privacy and Security Conference in Victoria. This week is intended to increase awareness and provide professional development for IT and cyber security issues, concerns and best practices relating to privacy, governance, risk and assurance, for industry, government and higher education by providing a coordinated body of expert resources from various professional associations of related fields.

### **Eating Disorder Awareness Week – February 1-7**

The National Eating Disorder Information Centre is Canada's only national organization dedicated to helping those with eating disorder, food and weight preoccupation and related issues. Eating disorders have the highest mortality rate among all psychiatric illnesses and can develop in anyone, regardless of age, ethno-racial background, socioeconomic status, gender or ability. The Provincial Eating Disorders Awareness campaign launches annually in February with events and activities taking place throughout the year and is a province-wide effort to raise awareness around prevention and early intervention of eating disorders as well as media literacy, resiliency, building healthy body image and self-esteem.

### **Toastmasters Month - February**

February 2016 is Toastmasters Month in Parksville. This program helps people develop skills in speaking, and listening, enhancing leadership potential and promoting self-actualization. Toastmasters International is a non-profit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. Founded in 1924, the organization currently has more than 332,000 members in 15,400 plus clubs in 135 countries. Each week, Toastmasters helps people of every ethnicity, education level and profession build their competence in communication so they can gain the confidence to lead others. The first Toastmasters club outside the United States was chartered in Victoria in 1935. There are now close to 300 clubs with more than 5,000 members in British Columbia. <http://arbutus.toastmastersclubs.org/>

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#### **For more information:**

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