

City of Parksville Proclamations for June 2014

Mayor Chris Burger has proclaimed the following for the City of Parksville in June.

Intergenerational Day Canada - June 1

Intergenerational Day Canada is a national initiative created by adults and youth to remind people of the importance of simple and respectful connecting between generations and to raise awareness of the many benefits inter-generational connecting brings to education, health and community safety.

Respectful and purposeful inter-generational connecting is a way to prevent isolation and mistreatment of older and younger generations. It effectively creates safer and more resilient communities. By breaking down ageism, we build all-age-friendly neighbourhoods. www.intergenerational.ca

Health and Fitness Day - June 7

June 7 has been proclaimed as BC Health and Fitness Day in the City of Parksville, intended to increase awareness among its residents of the significant benefits of physical activity and to encourage residents to increase their level of physical activity and their participation in recreational sports and fitness activities. Opportunities for fitness, health and wellbeing should be inclusive and accessible to all residents regardless of age, gender or physical or mental abilities. Island Health and the BC Government are planning an event at 11 am on June 7 in the Parksville Community Park.

Access Awareness Day - June 7

June 7 marks annual Access Awareness Day which provides an opportunity to look at our communities and ways that they can become more accessible and inclusive for everyone. The theme for 2014 is "Building Accessibility Together". The goal of Access Awareness Day is to draw attention to the fact that each of us has a role to play in promoting accessibility in our community.

Sponsored by SPARC BC (Social Planning and Research Council of BC), June 7 will highlight the important roles we play in creating inclusive and accessible communities for people of all abilities. Since 1997, SPARC BC has been promoting Access Awareness Day in BC, a comprehensive campaign to raise awareness about disability, accessibility and social inclusion. www.sparc.bc.ca/access-awareness-day

For more information:

Deb Tardiff, Communications Officer

250 954-3073